

Side – A

... I still believe that many of you will be fit candidates to learn special class whether you have come because of curiosity or you wanted to come you wanted to, we have nothing to do with it. My intention right now to see human suffering and to prepare a body of the humans, irrespected of their religion, faith, and belief to prepare for tomorrow. When emptiness depression, turn into self a cold-depression. Cold depression is a term which is very evident. Because of the earth changing the axle, and electromagnetic field changing with the sun, psyche of the human is changing tremendously.

Today is one day when sun and moon, and Mars and Saturn, with other relationship of coordination has stretched the thing a psyche comes into a different play. Earth has never faced partial darkness or complete darkness, but it has happened. It has happened once, think of the people who are eclipsed all the time. They don't see their light, it is true. Man is not made stupid, the wisest God did not want to built a idiot human being. We are so insecure and so egomaniac that we actually blind ourselves.

We do not believe in spite whatever we say that God which rotates the earth for us, will take care of our life and routine. Second unfortunate thing is we sell ourselves very cheap. We want to reach out what we think is very good. It may be terribly bad, nobody knows and if we have to become Kundalini Yoga teachers, and it is I am not a woman, I am not a man, I am not a person, I am not myself, I am a teacher, then you must understand you need a very special strength and without that strength you cannot share strength with others.

A knowledge is that which maintains you and keep everybody healthy along with you being healthy. I am not against emotions and feelings. I am not asking you to leave your attachment and your sex habits, everything else you want. I am not asking you to improve anything, but I am asking you one thing-do you have mercy on yourself and out of that mercy can you stop abusing yourself. How stupid you can be that in this life you feel depending or associating with somebody. You can be anymore better than you are and not trying to search yourself, or listen to yourself, or being yourself.

A young girl came to me I didn't pay any attention to her, she came and she said, "What I can do?"

I said, "Sit down and keep sitting."

Five days later she said, "I am bored to death."

I said, "What for?"

"I do nothing, I just sit here."

I said, "You have come to learn how to sit, you do not know how to sit, so I am going on tour, I'll come back in three, four weeks, by the time I come you should learn how to sit, then I'll give you second lesson how to sit and how to go inside to connect with you."

She said, "Nobody has taught me that way."

I said, "You are like a baboon jumping from one place to another and asking for attention and that is a worst kind of beggary. You are a beggar for attention, and you are most worst in putting judgement on anything you see, touch, and feel and these even animals don't do, birds don't do, fish doesn't do it, and you are a human being I just want you to learn how to sit and sit still and still your thoughts and connect with your inner self. When I come back I'll talk."

We hope to go back and talk with her. Meanwhile I thought it is not compulsory that you should attend this class, this class is not for commoners. I just thought I am available here, if I can take some teachers and share with them some experience as a teacher it will be worthwhile. So anybody of you feel upset and not satisfied they can leave later on doesn't matter. This class is casual extempore. This ashram feels convenient with some people according to their assessment some people are according to them are ready. And whenever I come to Germany I see you pretty good, you can endure. The question is when the body Chakra and Tattvas, and Gunas are brought into balance, then you can also give three things, and that is endurance, patience, and self, that is the way to get enriched physically, mentally, and spiritually.

I am not sure how many days I have lease on my life, so I am very eager now to teach people, so theonwardslaught which will come on all of us you can face it, work it out, uplift other people and make lives happy. This is a very unscheduled and unorganized class just a thought came to me and (?) to him and we talked he said, "Why don't you teach?"

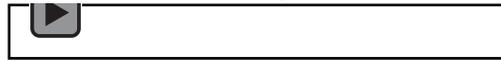
I said, "Okay I'll teach."

But if you are not physically fit for it you can sit through one and then go home, it will make no difference (?), but if you want to learn you have to go through the hell of it, that's the way it is, it is, I am very plain, and clear, highly premeditated on it. And you have never done a class like that before and neither you will. I am getting juice out of the class not how many of have come and what do you want to do, I hope my preface of my introduction is very, very clear. I am not here giving you God, neither my business is, God is not my business, God is God you know, He can do everything, but I have to do little to

invoke God in you so that you start begging, stop begging from left and right, and up and down, and all that, do you understand what I am saying. Not all the time, (?) it is too much, God made you and why to act like a monkey, though God made monkey too, but for comparative study.

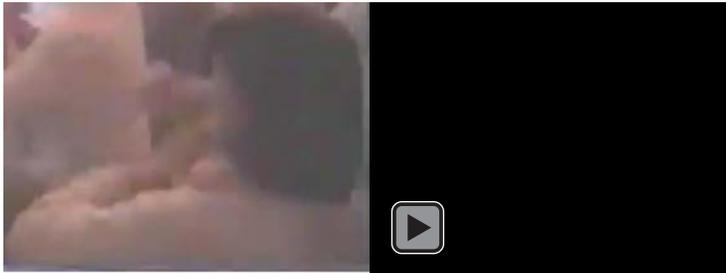
(Student: Laughter.)

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He made a water bore so that you can understand, you appreciate your beauty. Everything which happens around us allover. It is a pure comparative study. It gives us time to break, be grateful. If that is filled with us then we are okay.

So let us start business talk is too much. Okay. **Put this hand on the pinky,** see right, okay, he went through it, you know



anyway you lock it, bring it here, three times per second making a 'O' of your mouth it has to be fastest than hard pump. You see you do better than is the good thing about you. Keep going, don't look left, don't look right, concentrate, fast, fast, first we are clearing our diseases, our antibodies, our weaknesses with the strength of our own arm and breath, please keep going. When you get tired and want to stop, go faster at that time, you will make it. Try to see what it does for you.

You have to go three more minutes and higher in speed. You are slowing down, that is not right. Very good, very good, faster, yes, yes, yes, yes, conquer yourself.

Two more minutes, minute and a half left, work hard please. Body should help you to breathe that way, forty-five seconds, try, get to give up, bravo, thirty seconds, fifteen seconds, faster, faster, ten second, faster, five second, inhale deep, keep moving the hands and hold the breath as much you can, hold tight, move, faster, fast exhale, that is enough.

It take exactly seven minutes to change the body from toe to top. You may say anything, but you are not the same people who sat here and this is the power you got on yourself and same power you have to give to others to change their angle of life. It is a very crude saying, life is on longitude and latitude, it needs a attitude. If your attitude does not measure with longitude and latitude you turn your life into a prostitute for nothing, then you suffer from item to item, life from day to day and things won't come to you, then you have to go after things and that is very painful. It's really hustling. God created you, God also created your destiny, it should not be difficult to travel the distance, and you must live as very realized being,

but you need the energy and you have to process yourself **so you can change the energy when you want, as you want like this. It is a very, very Japanese exercise but you can freak out** but don't cry. It is a very simple circle about eighteen inches fingers and hand free, and this goes like this and then changes after every few minutes.



See watch me, this will become, this will become like as heavy as iron or gold is, it will have gravity. You'll start hurting here, hurting there, hurting everywhere, but that is the way you have to hurt, so

when you say like this start the words, stops with you in thought form, so people who come to you get benefit. Very good move, move, move, and keep on moving. Inhale through mouth and exhale through nose, come on get going. Breathe in through mouth only and breathe out through nose only, and see what happens I am just trying to..., and play with your.... Soon this easy exercise, will see how many muscles in your body are filled with poison, that is where hurt shall be.

He is all right leave him, otherwise (?).

Keep moving politely with a determination. Coordinate between inhale and exhale and your movement.

Please keep yourself steady. **Cure yourself, breathe properly in rhythm and move your hands.** Now for two minutes inhale deep, hold the breath and move the hand faster, hold, move the hand faster exhale. Inhale deep again, hold the breath keep going, harder the better, exhale. Inhale deep, deep, deep, and move faster and powerful, exhale, you can relax.

Can we do in a while third or you want rest?

Student: Yes sir.



YB: That's why I am very happy teaching here.

(Student: Laughter.)

YB: Yeah in other way you have to wait and people should... you have a basic strength in you and you are not practiced that, it is, it is called prayer and you will do that secret prayer today for the fact that you can be effective, you understand that.

Make these five fingers open like this and with a mouth, through the nostrils. In this if you start getting spaced out stop, left keep going, angle, angle, and straight and tight fingers, so you can connect the electromagnetic field around you. Fire out the breath through nostril it will work perfect. You are churning your breath of life to purify your ingredients of life. Put your heart into it. You have two more minutes, try your best.

Come on bravo, keep up, two minutes are no big, one more minute, keep up, keep up, don't stop now for God sake, thirty seconds, fifteen seconds standby keep going, inhale and keep moving, now hold the breath, move, move, move the spine in fluid move, exhale. Inhale deep, move, move, exhale. Inhale again and move faster than you can, get it together, relax.

It's okay. Give your hand, no, no, what put it on my forehead and what will happen to them. I am sitting on the chair and sweating, what will happen to you.

(Student: Laughter.)

YB: What is that?

Student: (---).

YB: Oh no I will need that is, that's okay, fine with me. Now you can relax few minutes and just relax. You still sing? Where is your instrument?

Student: (---).

YB: Aah.

Student: (---).

YB: You play harmonium, give her harmonium wherever she is sitting.

Student: Okay.

Student: (---).

YB: Well, that is improvement. It is okay, okay relax, relax, it will take sometime to be normal. There is no hurry. I never noticed.

(Student: Laughter.)

YB: It is all on the tape, he didn't notice either. You can get the tape. We have become very commercial now.

(Student: Laughter.)

YB: Wow, well Italian there are special rates. Oh wow, are you coming there?

Student: (---).

YB: Come on, come on over, oh bring it over here. You just, can you get up, okay. She is a very beloved musician and she will like to sing to you for few minutes of relaxation. Yeah, join with her not with me.



(Student: Singing 'Sat Nam, Sat Nam, Sat Namji, Wahe Guru, Wahe Guru....')

YB: These are the two words which you have sang. These two words are not monopoly of anybody, not it belongs to any religion, but religions have adopted them with different expressions. Sat Nam is the earth bound, it takes you to reality, from non-reality. Wahe Guru is the Trukiti mantra, the Trukiti means triangle, or you call it trinity, it connects the heavens. Simply and beautifully she sang, the sound is very peaceful. When we do such a Japa it give us, create in us a special heat and that give us the discipline.

The most difficult thing in life is self-control and moment the self-control is within us there is no difference between God and you and you and God. This understanding has to work it out because if you have no self-control you are like a car without brakes, then accident can happen. In spite of the fact you are aware you don't want to say or participate in something which is wrong. Your unawareness come out of you and that is based on fear, insecurity, unfulfillment, so when you are naked before another person you have no contentment. Then the basis on which communication is happening is not real.

Once a maharaja going on a elephant at night a drunked man look at him he say, "Hey what you want of this donkey? I want to buy it."

So the police arrested the man, put him in jail, next morning they produce him before the maharaja, maharaja said, "Let us bargain. How much you pay for my donkey, you were yelling and screaming last night."

He said, "Those businessmen are gone, they were only last night, now how I am poor beggar can buy your elephant of a maharaja."

With our eclipse of ego, we do not recognize the greatness of the other person.

We base our relationship on right, needs, and demands, it makes, it makes us like beggars and nobody understand each other. So they will say what is your real agenda? I mean, tell me beyond words what you are saying and this is the main problem of the society which is going to be. People will not be in a position to express themselves clearly and that will cause many, many problem.

If you intervene with straightforwardness it will be, if your husband or a friend is a Sadhu and he was not Sadhu when you married him, treat him now as a Sadhu first and a husband later, that means you will have grace in you to recognize his mental faculty and this way you can conquer your inner anger, inner insecurity, and deceit.

In this life humans have to be social. We need partners, we need love, affection, emotions, feelings, but they all should be based on one thing, you are straight. Do not complicate the matter by playing mental games. Mental games will end up making you a mental patient.

(Student: Laughter.)

It is a most dangerous thing we do to ourselves and it makes us unhappy, it is not worth it.

In the above statement I'll ask if somebody has some question about it so I can explain further.

Student: How do you recognize that you are playing a game?

YB: It will never work. Game never works, you can talk head to head, you can talk head to head with game, you cannot talk to the heart of other person, so you are wasting your time. In the end you fire the other person who walks away. Playing few games you got to change your personality. It doesn't work because if you cheat a friend for a while, or abuse a relative, or do something hard or soft whatever, after a while it will be known. All you do in this game you lose your trust. That is how friends lose friends, wife lose husband, husband lose wife, parents lose children, children lose parents, because there is no basic elementary straightforwardness. And I don't blame you, I don't blame you, because spermatozoa never walk straight, it go like this, so it is in you genetically to be zigzag you know.

Student: (---).

YB: No, no if he has become a saint or a Sadhu or he become a businessman and all that why every businessman is happy with his secretary and not with his wife. Because a secretary, or a worker, or a man in the life recognize his status and husband has no status, no husband has a status. And if his wife treats him like a man she married, that makes no status. And nobody how saintly one is or idiot one is, need a confirmation of status, so he can do better. Ninety percent fights are self-created, so husband comes home, his mood is off, he is tired, he is itchy, he is angry, at that time don't start kissing his cheeks, first receive him, acknowledge him, sympathize with him, create the communication, then say I love you, otherwise you are creating a war.

(Student: Laughter.)

Because all he feels is she is she is nonsense, she doesn't understand, she has no feeling, she doesn't know what I have gone through, that is how he is (?), and vice versa it happens to ladies too. The man start coming and taking off his pant and changing his suit and we are going out, we are going out, the poor girl is suffering with acute headache and she has a diarrhea going, and he wants to go out and have a dinner and he doesn't even ask her, he start changing his pant and dancing and going to shower and take, you know it is so funny, he is all ready set tie and let us go and she said, "Where? I am dying do you ever know me."

"(?) what, what you die for you, you look very good to me."

We are very, very insensitive in communication. We do not brick events exactly as they are. And we are not intuitive, so we cannot figure it out. But a teacher of tomorrow have to be very sense. Without uttering a word his eye should bring peace to the eyes of another person, his touch should heal and heart must beat and you people can do it, that's why we expect. We are not expecting to be God and create miracles. Guru Ram Das is not to create miracles, leave miracles to him, and leave religion to God, get to your reality, and be you, and study and understand that this life is priceless. It is not to be wasted, every breath you waste, you waste the most precious element, it is not worth. If worst come to worst sit down, close your eyes and talk to your own soul, spirit. Moment that becomes your attitude all things in life you need shall come to you. It is a very good investment.

Anything else? You are very good.

Student: (---).

YB: It depends on depends upon how you want to move the, you are medical doctor, you understand that. How you want to move the serum upwards and downwards. Navel point may not look very active but it is the center of all activity, whereas the third eye Ajana is the center of all commands. When you talk to somebody from the heart center you are most beautifully compassionate, when you talk from the head you are a fox, you are not straight at all then. Person should think with head, but act with heart. When you think with head, act with head, you are for a disaster. Nobody else may get hurt, you will, that is the difference.

Student: (---).

YB: No heart speaks. Heart is a very rhythmic, psychic center. Human psyche always tells you you are wrong. You may not agree with it, go to your heart it will tell you shut up in one-millionth of a second. Head will start telling you left and right, right and left, left and right, left, right, left, right, left, right, left, right, heart has no left, right in it, feels good, do it, doesn't feel good silent. It is a very quick...

Student: (---).

YB: Don't, it is very easy way.

Student: (---).

YB: No just, smile and go, that's what I do. I can only tell you, I only fight where I have to work, where I am interested. Sometime I am very, very bitter I, I make myself look bitter. That is where job has to be done, chiseling have to be done, there is something stuck I have to raise it, otherwise, "Hello how are you?"

"Fine."

"Glad to meet you."

Side – B

Student: (---).

YB: She gave you birth you came out of the pouch why you want to go back. Just bless her. God bless my mother, that's all. Relationship with mother and father biologically ends at eighteen year. From eighteen years to twenty-eight every person has to learn to stand on their own feet. Now it is not a old time that the girls can get married therefore they have to also do the same when men do. If you are not solid by twenty-eight there is some problem. Every ten year husband and wife must increase their understanding. They should know as they are, not as they work, not as they will be, there will be no trouble.

Student: (---).

YB: Feeling comes first.

Student: (---).

YB: Feeling is like this.

(Student: Laughter.)

YB: Feeling is when you smell somebody because your entire movement is based on your nose on the smell of the sweat of the other person. That is how man made, God made man and woman. Now you put Shanayal and all that stuff mess up.

(Student: Laughter.)

YB: Mess up the whole smell and you never understood what you are going to do. You know it is a, it is a burp because you ladies have no work you know so they do this, and they do this all the time and say, (?) there is, there are lot (?). But they can live on that smell, the smell is great. And the smell is like a pig goes and in the ground says and they takeout that thing which is very costly what they call?

Student: (---).

YB: Yeah.

(Student: Laughter.)

YB: You can smell a real relationship for life. If pig can do it, why not human?

(Student: Laughter.)

YB: (?) question, why you have to break, and make, and hassle, and cry, and marry, and divorce. Seeker it is in your heart, not in your head. You can be brain dead and still live, but you cannot be heart dead and live, this has to be understood. Smell out, it is your day, it is your life, it is your chance, be yourself. There is nothing going to be wrong if you will sing your own song. Love is very powerful thing and love has only one smell.

(Student: Laughter.)

YB: Lovers obey no law of gravity.

Student: (---).

YB: If love transform itself to into a wisdom then between lovers life is heavenly. If it is a interlock of commotions it is hell, and hell, and all the way hell. Power behind is love. Because love is very blinding. Oh she is pretty, she is wonderful, I have never seen like that, look in her eyes, wow, and all manufacturing keep on going in the head, when they get married, she is a bitch.

(Student: Laughter.)

She doesn't know how to talk, she stinks, she is very loose; same person. If you were to meet her at 6 p.m. you shoot through streets, later on, you don't show up because the real smell is not met yet. So what you do? Blame or claim, try to prove the man is wrong, man tries to prove woman is wrong, never they grow right. One and one makes two. In love one and one makes eleven. Love is a good thing provided you can sacrifice yourself. Love is in the head, in the heart, but in-between stomach doesn't care for it. So you have to understand in every love there is a head and heart, their stomach and

navel point, there are seven Chakras, love is the only eighth you got. So far one Chakra you sacrifice the seven it is not going to work.

One woman married a man, she was so beautiful, great features, money, wealth, dress, everything. She was so eager to marry him, she managed to get it fast, after the honeymoon she came, everybody said, "What happened?"

She said, "Nothing."

And three years later nothing.

So please use your consciousness and figure it out because every step should help to keep up, nobody should fall apart. You understand that, and don't waste your time in finding God, find yourself, and God is found for you.

Yeah, you all agree, wow.

(Student: Laughter.)

We have a sweeping votes.

Okay, one more exercise I'll let you go. (1:14:01) Now this time you will feel how deep you are and how shallow you are

in your arc line. Ready, please sit properly and spine straight, and put your hands like this, and bring this hand here and that hand here, it should be faster than three times a second. And bring the universe into your aura and breathe through the 'O' of the mouth in and out with a navel point moving. You have to be honestly fast in this otherwise it will



not show effect.

Hallelujah, hurry up, move, open up your chest cavity, move the navel.

Hey, Chakra Chakravathi play.

Come on, you have one minute. Hurry up, hurry up, thirty seconds, (1:16:58) inhale deep, lock your hands, cross your fingers, stretch up and start chanting, he is playing.

(The tape 'Chakra Chakravathi...')

YB: Hold the hands up tight, straight.

Inhale deep, stretch your spine as much you can, relax, that's it.

(The tape stops.)

It is good for the day. We'll meet tomorrow again, 8 p.m. if you visit it will be harder day than this, but we have to completely cover this course in three days and we intend to do business, if you are ready our mind is set. Otherwise you have to come to Espanola to study. It is now time for you all guys to become what you are meant to be. In the next fourteen years when the cusp will be over you have to deal with six billion humans. It will be quite a experience. If I will be around forgive me for that, if I am not you should be in a position to carry on the mission. We are human, we got to do what humans have to do.

Are you going to sing in Germany or what? 'May the long time sun shine upon you.....'.

Student: (---).

(Student: Laughter.)

YB and Student: Singing '(May the long time sun shine upon you.....)'

YB and Student: Singing Saaaaaaat Nam.

YB: May you live as bliss with bounty and beauty. May you grow and glow in sensory senses all around you the halo of God and may you be richer, wiser, and kind to the mankind, Sat Nam.

Student: Sat Nam.

YB: Now, what are you going to give them? Nothing.

Student: (---).

YB: I don't know what are your system here?

Student: (---).

YB: They don't do anything to you, that is okay.

(Student: Laughter.)

Student: (---).

(Student: Laughter.)

YB: I mean, they have worked so hard and don't give them (?). Yeah, she is enforced to think.



Student: (---).

YB: Tomorrow we'll talk about analytical and analyzing process of the thought, how our life is based on it, and how we grow, and what is our responsibility as a teacher.

Student: (---).

YB: Yeah, now you will get the cookies. What you are saying?

Student: (---).

YB: No we should celebrate.

Student: (---).

(Student: Laughter.)

YB: Everything is all right, perfect (?). The good cookies. (?).

Student: (---).

YB: One only. (?) going to celebrate their birthday.

Student: (---).

YB: A party will be very special. We are, we are going to make one dish on which I have started from last two days (?). I will give you one (?) and it is very (?).

(Student: Laughter.)

(?) I am doing I am just selfish (?) and we got to have teachers strong and ready to face tomorrow, million people will knock at our doors, it is going to happen. You tried two world war and you lost. Start with Kundalini Yoga and you will win the world.

(Student: Laughter.)

It is a spiritual revolution and it can go without boundaries, walls to every heart. every person wants to be happy. Happiness is birthright. Once your Chakra is open Tattvas are balanced and your Gunas are perfect there is no more heavy person than you. And somehow God bring me here for some other reason, I get my, checked my tumor marker and this and that, it is all okay but you know, so I have to keep coming, then I come here and I say, "Why not?" Otherwise this is my holiday to working in the yoga festival was holiday and here I, I don't know you understand it or not, it is a, it is a, it is a sense of love, it is not.

You have stuck with us for a longtime we want to do something. In our this Kundalini Yoga there is no initiation. It is a Shakti yoga, it is a Raj yoga, it is royal union of oneself within oneself. God is not worshiped here, one becomes God, there is little difference in philosophy. It is not that you find something, no, you become something and that is real secret. Because if you read, take a donkey and put hundred bibles on it, it is not going to become padre. You have to have an experience what a padre is. You know what I mean, you have to do something, that's what Kundalini Yoga believes in experience. The line is I have found myself, myself. And I shall bless Gods word in His name and that is the most beautiful thing and what can go wrong? I mean to say, that much trust you should have and bless another human in his own name. I bless the in the name of thy God if things do not turnout to be the best, do me as, as much you want, that much it takes, one line, one moment, and one blessing. I bless thee in the name of thy God and God becomes the witness, things change. I know it works. My secretary state Sat Simran, she uses this for parking lot.

(Student: Laughter.)

(?) was surprised, she went into to parking lot say, I bless myself in name of my God let their be miracle and I have seen it one car moves out, she goes in.

(Student: Laughter.)

She is funny. She say everything else can marriage(manage) except parking space. There is nothing much that you have to stand on a head, or you have to start flying to become divine, no. In the name of your God bless yourself or bless somebody else and leave it God to act, give God a chance, give God a chance. Let Him do your jobs, He created you, let Him go to work, isn't it. Yeah.

Student: (---).

YB: They go inside you and do the job.

Student: (---).

YB: Angels?

Student: (---).

YB: They just straighten out your angles.

(Student: Laughter.)

YB: No, it is true, angel if your angle of life is wrong, your attitude is wrong a angel will straighten it out.

Student: (---).

YB: They are always in plentiful God they are everywhere.

Student: (---).

YB: Do you know how many in this room are? There is no place to breathe. If you, if you do Traticexercise, that Tantric picture of mine you start doing exactly what it is said and picture start moving and you will start (?) after a while you will start seeing everything. We have not hidden any science from anybody, we are just open, clear, and we know what works. Yeah.

Student: (---).

YB: See one negligence lives for the rest of life. It is funny, it is very funny, then Gian Mudra becomes really (?) on...., that's how some faculties you cut your finger in just you are not aware of it right, you are not careful, now every time you do Gian Mudra you are careful. I mean, I mean I am just realistic about it, that's how our life shapes itself.

Student: (---).

YB: What?

Student: (---).

YB: Any sensitivity of Gian Mudra confirms your spirituality. The problem is this Judeo-Christian guilt you people have. You are born in sin, you are thrown out of garden of Eden which never happened. You are not guilty of anything, when you sleep at night you are redeemed, every morning is the new morning. Think of those who have no fingers.

Student: (---).

YB: (?).

Student: (---).

YB: What is it?

Student: (---).

YB: No, it is not you have to do yoga or not yoga, yoga actually is a science in which you work with yourself, you are just helped. And if you don't want to work with yourself and do not want to measure your energy, and you do not know where the block is and where not is, it is okay, it is not for everybody. Some car work on diesel, some car work on octane gas, and there are cars which work on kerosene oil. It depend which energy you want to use, for what part of life. It is very lucky to remind every time that you are you doing a job, people sometime are not aware what they are doing. We do lot of things just as a happening.

I hope tomorrow you will feel better, don't worry about it.

Yes my dear.

Student: (---).

(Student: Laughter.)

Student: (?) when, when she is sitting here and you talk that moves her a lot and that touches her a lot and she (?) that you are really shaking her (?) and she is waking up and she is wondering and she is very grateful to you for that, but she is wondering how can she have that everyday and then she came to the point, could it be that (?) of a....,

(Student: Laughter.)

YB: Sadhana is such a right thing, you know, the question you don't understand. One thing you should know very clearly, I am an ordinary businessman, I have fourteen corporations, I don't need appreciation, money, or anything. What I need is strong students for tomorrow. You would have said to me I have fallen in love with you.

(Student: Laughter.)

I would have understood, but if you do Sadhana you will fall in love with God surely and there is nothing which you cannot do. There are only three words, Sadhana, Aradhana, and Prabhupathi. Sadhana means what Sadhana is, Aradhana means as described you do it, and Prabhupathi become you become master God, not only God master God, there is no reason for us to be just ordinary good for nothing people. If we really want to serve others, help others, then we have to do something and that something is we become something. So people can trust us, believe us, love us, and we can help the needy. You know if I would not have made money I could not have educated twenty two students just with one stroke, yes grant them. So you become very vast and I want everybody to be very vast. Everybody should grow, it is a good time, we can all work hard. You do Sadhana?

Student: (---).

YB: Very good, everybody.

Class clapping.

YB: No, no, no I, I, I tell you, I am seventy year old I, I don't like to miss my Sadhana. It is something which prepares you for the day, it is something you can sleep with and it will change your everything because it is a very subtle sound system. And it universally relates to the inner and outer sound of the electromagnetic field and the flare of the sun, it is in-between those two. Because every word you utter is between the upper palate and the tongue with hypothalamus and front lobe changes the life. And that's why we need our life to change it will change anyway, but if it is positive is good. And don't misunderstand that you have relationship on this life only. We have relationships from many lifetime and we come and correlate and co-live like stars in skies allover. Have you sometime you feel a person and oh wow, I have seen you somewhere? Make a million and half year ago.

(Student: Laughter.)

But you feel like today. (?) the body does not forget things or may forget things but soul doesn't forget mostly its journey. So all actions from the breath of life and we all breathe the same breath of life. So we are extremely united, if we understand the expression. We are strung on one breath of life which is everywhere now and that is how universal we are.

We'll keep talking, come on. we'll see you tomorrow,

Student: (---).

YB: God be with you.