

NM242 970912 Baba Siri Chand Kriya, Life is given as a gift, accept it and live it. "I am, I am" the soul above which controls whole body and mind,

Corruption That how rotten you are?: is when you just working on the left side of the law <http://www.libraryofteachings.com/lecture.xqy?q=%20sort:dateDescending&id=19d24bd1-4d13-4f03-5f9f-e6849029a261&title=Espanola-Lecture>

SUMMARY MEDITATION:

audio



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"What will happen to your soul?"

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Now can you split that for a moment? No, you can't. Let me put you through it. You will.

(17) 20 (15+5) minutes: Cross your index finger with the Saturn finger like this. See, like this. It will hurt, but lot of you are, those this finger doesn't come on the finger and this damn thing hurts, are ready for arthritis. It means you have lost muscular flexibility. Bone is not . And just like sixty degree, like this, but chest out and shoulders out and chest out and shoulders out, come oh the back will hurt, I did this morning. It was so horrible, put your chest out and put those out and, and when you moment start hurting, you are right. Posture is okay and close your eyes and chant Hallelujah, Wahe Guru, whatever, you are not very, you are not in very good shape with this exercise. Sixty degree, not less not more.

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yogic of the tantra. Six thirty to seven fifteen.

Oh Guru Roop Kaur, Manjit Kaur, Sarv Shakti, Kundalini yoga teachers also same. Is Guru Teerath Kaur here? No? inviting all of us tomorrow?

Student: (-----).

YB: Breakfast is tomorrow. Nobody by faith should take breakfast anywhere but there. Understand? Everybody who is in the class is morally, ethically bound by the word of God, to be there. I'll go too. , you will go too. Doctor, where is he? Okay, you will go too. Nobody whosoever does not go . Because he told me, I didn't one day, I missed the situation, but go tomorrow. What time? Eight o'clock, nine o'clock?

Students: (-----).

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No, no. In this exercise **please, don't raise above sixty degree, don't come low, suffer. It is meant to cause a hummungus pain in the shoulder, in the armpits, in the chest and if you have really stayed, your spine will hurt and it'll also will be burning like a hell.**

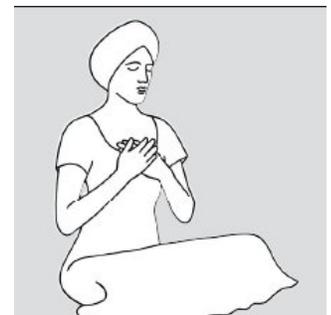
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Try to straighten out your spine in a natural way, organic way, rather than caring right now for the pain.

Put a tape, so they can sing. Hurry up.

(The 'Wahe Guru, Wahe Guru.....' 32 tape is played).



YB (talks over tape): ... One more minute, do it correctly...37,50 Inhale.

Left hand under, right over, on your heart center please. Breathe out, breathe in. Press hard, press hard, your heart area. Hard. Breathe out.

Breathe in and now squeeze your entire body in your both hands, press your heart center as much you can. With a canon fire, let all go.

Well, intention was to let you know that you can do certain kriyas and become very good.

So there is a Baba Siri Chand Kriya, that is your, take your toes all straight up and move and you take these hands in this and then you come to the pressure, for three minutes. It was seventy two. I used to do this gimmicks in UCLA when I used to teach. Put blood pressure up, put blood pressure down. Make the heart fast, fast, fast, make it slow, slow, slow. You have a lot of power over you body, mind and your organs. But one thing you have no will to live. You have never taken this guide 'Line of life as gift.' It's not gift to you. For some, it's a hassling, for some people hustling, hassling, hustling, through the horror of this and horror of desire and horror of. Look at you. Life is given as a gift, accept it and live it.

LECTURE

When man understood completely and truthfully that his body is not his, his mind is not his and his wealth is not his, then man started talking about right and wrong. . Don'ts and do's. Because man found out that if he has don'ts and do's and he qualify himself and herself through that space, then walking the distance of destiny become easy. And exalted self which ultimately is the reason for success and legacy, becomes familiar.

'Nadri Aavey Kapda, Karmee Aavey Kapda, Nadri Mukhtvaar.'

'On your actions, there will be a cover, you will not be naked and in sight will be its statutory place of redemption. You can redeem yourself.'

Corruption is not a bad word. corruption is a wonderful phenomena. Corruption is not so bad that you are corrupt. That's not wrong. Be corrupt, but that will take from you the purity. And it will be all within you, then, some people say, "Oh what corruption, I am caught, I am just working on the left side of the law, right side of this, upside of that, downside of that," you can anything. The corruption you are having is not anybody's idea. Corruption you are having is your idea. And that shall equivalently reduce your power of purity and piety.

So when Catholic church came into being, it majority of it started with Greeks. Greeks are very funny Christian. You even know today. They were philosophers, they were analysts, they were rational and they used to feel very guilty. Things did not fit, they resented it. As they have done something wrong. So Catholic church started confessions. Say it, "I am, I have, father, I have sinned, I have been," what? "I stole a piece of bread from my neighbor and I ate it. But I did enjoy it." rosaries here, 'Hail Mary' matter ends.

It was a kind of a balanced thing to give people a hope. Twenty five 'Hail Marys' didn't make him stop stealing bread again. But at that moment, account was settled. Now because there are no confession anymore, you have to talk to your friends.

"Hi Jane,"

"What?"

"I did a wonderful wrong today. My, I don't know, I just want to talk to somebody. Should I tell you what I did?"

That how rotten you are, that your own propaganda which is negative and own things which are not good, you talk yourself. You tell your whole town.

It is amazing. Somebody talked to me that day, he said, "You are ugly, you are this..." list which I have ever heard.

I say, "Why you bring this today?"

He say, "If you are really that ugly, how can I believe the teachings?"

I say, "You don't have to. I am ugly. the teachings." I say, "What do you do when a pipe brings the water? You drink the pipe or you drink the water?"

Why you are causing this personality conflict? Why personal , personality conflict, why total personality conflict? What is your personality? Personality only can reach you the truth. You practice it, you experience it, that is yours, you don't. Why to accept a personality and then attack a personality and then appreciate a personality, why to go around it? Why don't you understand life is a reality? The religion of that reality is that you must be you. You must elevate your own self. You must grow for your own sake. You must have discipline, because that will give you credit. You must have manners, because that will give you company. You must have wisdom that will give you prosperity. You must have acknowledgement of self that will give you courage and character.

Actually the whole thing is you. You must take the weak to keep them on, you must take the strong help, because life is mutual living. Life is mutual. Life is not those who are angry, life is not those who are very happy. Aha, neither anybody happy, angry, wealthy, poor, all that facets of life, they have no complications except they limit your word. Therefore you have to outgrow your limits. If you want a bigger horizon, then you must act for all there is. And graciously.

What happened in marriage? You marry, the polish goes away, brass comes out, then brass start showing cracks. In the last, nobody knows and understand what happened to two lovey-dovey people. Because that was marriage of passion. Man was horny, she was horny, they wanted it, they got it done. Passion produced children. Two, three. Mother has no time, father is not a nursing man, he can't give milk to children.

So technologically, things which are not based on a equation will not last. Equation is Dharma. Karma when, when Karma, your Karma, my Karma, our Karma is guided by Dharma and not Dharma who makes us this, makes us that, that Dharma which makes us us. Then you will never fall.

Once in India, something happened and there were three people, they were discussing Dharma, Karma, saint, blessing, God and they were going. And they are going to cross the river and in the center of the river there was a great tree as a bridge. So they all have to go over. And there was a very huge boa constrictor in the center of it. He saw them and he thought, 'Oh my God, lot of food has come.' And he was very happy and they saw and they say, "Wait a minute. Who will like to lead and go first?"

The man who said, God is all in all, 'Ang Sang Wahe Guru,' what difference it makes? He walked and walked away, there was space was, and boa moved, but he was soft enough to lead the way. Then comes the second person. Second person who was coming after him thought, it's a God, it's a snake, it's a terrible life to be, but you know, protect me and di-di-di. While he was doing it, his foot get on the boa and boa woke up and took him n a circle and before he could even do something, he was squeezed. Third ran, took his knife, went right down the river, while going he cut boa into two pieces. All three came out alive and sat down. And one said, "What happened to you?"

He say, "Well, you see, no difference made me and boa constrictor I pass."

Second said, "I started worshipping him and he should not have attacked me, but he wanted to make me a food."

And third said, "Oh, it was a call of duty. My friend was going on and I just cut him out. So to relieve my friend."

Then boa got up and he say, "Hey, you three. Question is not what you did. Question is what your intention was. First one was right, because he thought 'What is the difference between God and me?' It is the other who wanted to concentrate on me and say, "It is a terrible life, God, bah-bah,bah, considered on me. And third one, he didn't consider a thing. All he knew is a friend in trouble and he as to help. He didn't care for his life, he didn't care how deep he is going to fall and what he is going to do."

So in life, there are some people who are honest enough, pure enough that they can sacrifice to protect what they feel is wrong. There are others, who pray out of fear. That's normally religion. All religious people they pray out of fear. And there are some who are religious, who are pure, who are simple and their richness is a human activity. Your human identity is your reality. But you cannot agree. You cannot agree why God made you the way you are. You do not agree that God made you human. You do not understand that everything, this whole psyche is around you, you are nobody. With your ego, who always feel you are somebody.

If you are somebody, then that body who made you somebody is nobody. If you are somebody, the somebody who made you somebody is nobody. And when that is nobody, everything you have is nobody. That's why in life, you are very lonely. With all your friendship and solid talking and cookie chewing and all that stuff and chocolate mixing and birthday singing and all these excitements are for what reason? We are social animals, man is a social animal, said Aristotle and that's why we like to socialize. But we have never socialized with our dignity, integrity, intelligence, consciousness, our purity, our piety, our grace. They are all out of fashion, they are not even our friends. You even can't count them like this.

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Well, intention was to let you know that you can do certain kriyas and become very good. My doctor came this morning and my pulse was ninety six and it was, what they call is, not flow rhythmic, it was just very weak and then up and weak. He suggested me if I can get few acupuncture needles. That was a easy option, so I thought 'Now, let me fix it.'

So there is a Baba Siri Chand Kriya, that is your, take your toes all straight up and move and you take these hands in this and then you come to the pressure, for three minutes. It was seventy two. I used to do this gimmicks in UCLA when I used to teach. Put blood pressure up, put blood pressure down. Make the heart fast, fast, fast, make it slow, slow, slow. You have a lot of power over you body, mind and your organs. But one thing you have no will to live. You have never taken this guide 'Line of life as gift.' It's not gift to you. For some, it's a hassling, for some people hustling, hassling, hustling, through the horror of this and horror of desire and horror of. Look at you. Life is given as a gift, accept it and live it.

('On this day.....' is played).

Student: Dear lord, please bless us this day may we be blessed by Him and we all live in peace and we can. Wahe Guruji ka Khalsa, Wahe Guruji ki Fateh.

YB: Very good. Start learning and practicing. How old you are?

Student: Eleven sir.

YB: My God.

At eight years I lectured on Japji. And that's what I say, in the qualifying factors of life, there are many factors to which we give importance, but there is something which is a nucleus and hub of our life the soul and the soul above which controls whole body and mind and that's what all Nanak talked about. It's like that.

Good. Your friend is gone, right? How many your friends are here? Today you brought to class your friends?

Student: No, I don't see any sir.

YB: So you are fortunate? Next day buy a little rope. Take them in.

Thank you.

Good night, go home, now, prayer is said.

Hey you, there is no eye in one of the man. . What are you doing?

Hi baby

