

NM418 A11004 All Belongs to God Prayer of Surrender. Yogi Bhajan, Ph.D. - October 4th, 2001 - Espanola, NM, USA

At the time of Guru Nanak, people's understanding was that dharma was limited to heaven or to hell. That is what fanaticism and terrorism are all about. Fanaticism and terrorism are not a small thing. They are in our fiber, like the design within the blanket and, after 25 years of terrorism, it is not possible to just pull it out. If you are in love with a girl and you have no idea that you can ever even speak to her, and then she gives you a hug, you feel you are in heaven. This is a bogus heaven. There are some women who have the capacity to take the polarization of an activity into the cosmic activity, plus that of the micro to macro consciousness, and bring them into unison. In this unison, the psyche moves, and you are in heaven! That is all heaven is for that moment. And when you have used your whole head not to be caught or to be understood, and have put layer upon layer to do something and are suddenly confronted, this is hell. That moment of psycho-inter-elected psyche of the cosmos, into micro and macro consciousness, together into the unison-ness of the person, is heaven when it is positive and hell when it is negative. That is heaven and hell. That is why Guru Nanak said, "I only need the consistent love of Yours in longing between You and me." It means that there is Infinity and the finite has to have a relationship with It. The enrichment that Infinity grants the finite is the ecstasy of consciousness. Giving is very difficult. When you give, you do not think God is making you give. You think you are giving! We once went to a restaurant. We were 30 people. I sat watching to see if anybody prayed before eating. None. Zero. We were late, everybody was hungry, and everybody gobbled as though they had not eaten in a century. Nobody said, "Nothing belongs to me, Lord. All is Yours, and I give Yours to You. I have no attachment." Humans forget; this is one of the greatest lessons. We have to develop a consciousness that will guide us through life. Believe, as a matter of reality, that whatever is being given is given by God and whatever we are giving, God is telling us to give. That is all. When your mental state becomes that clean, clear and crystal, that crystal will promise you the Infinite, beyond the heavens and the earth. 14:50 It is a qualifying factor of life. Adhere to these words: "Nothing belongs to me. Whatever there is belongs to You, because You are in everything." We bought this ranch and gave it to Sikh Dharma. It is better to give it to Sikh Dharma, which is the custodian of my soul and spirit. When a person gives to a person, you cannot give. When you understand the spirit and soul of yourself and Sikh Dharma, then you will know—nothing belongs to you. All belongs to God. If you do not already pay Dasvandh, begin now! And add one dollar more each day to Dasvandh so that your community can be in strength and nobility. There are certain principles in life that have to be learned. If we do not have strength for these principles, let us try this kriya and see if it works.

NM0418 MEDITATION - Prayer of Surrender

Sit straight in a cross-legged position. With the hands held loosely cross the left wrist over the right in front of the diaphragm. Palms are facing upwards with the thumbs spread apart. Eyes are closed. Sing the "Ik Acharee Chand" shabd, ("Ajai Alai" by Gurushabd Singh and Niranjan Kaur. Jaap Sahib, lines 190-196). It is a uni-mantra, composed of single words which are mega-multiplied. Chant as if you were being recorded—with that consciousness! Continue for 62 minutes. During the last 3 minutes listen to the shabd and do a powerful Breath of Fire. To end, inhale deeply, expanding your chest and shoulders. Expand your body! Exhale and repeat 2 more times. Relax.



...Are you with me but it is not believable. Christian think only Christian things affect them, Muslim think Muslim things affect them and sometime people of the same religion within their...

Well today is a very day when you should be critical in accepting and denying the facts of life. It was not necessary for Guru Nanak to come and teach, dharma. But the understanding was dharma got limited to heaven and hell that's all. If you obey this, this, this that is where this fanaticism and this terrorism is all about and this fanaticism and terrorism is not a small thing it is knitted in our fiber. It is like a design within the blanket and it is very difficult at this moment. After twenty-three years of it, twenty-five years of it to just pull it out in one minute. It is not possible. And first America thought that if they give money to these people they will realize but now they are realizing that when they were given money they took the money and rather become more angry, because they thought they were bribing them. So technically speaking the fiber of God I mean I am not going to say anybody anything please forgive me on religious basis, nobody is going to anywhere. If you to go heavens or you go to hell you go nowhere. It is not a thing to go to.

I tell you how much it is, should I tell you?

Student: Yes sir.

YB: You meet your wanted girlfriend, let us stretch it. You are in love with a girl and you have no idea that you can ever speak to her. And you stretch it and it so happen and she gives you a hug, understand? Don't you feel in heaven?

Student: (...)

YB: No I am telling you this bogus heaven, I mean to say I am just making you to realize a certain factual facts of life. Some woman it has to be a woman because polarization of the activity into the cosmos activity plus that of the micro and macro consciousness when unisized we psyche moves, you understand that? In terminology of physics and when that moves I am in heaven and that is all is heaven for that moment. Understand that? A child is born, heavens, you know what I am saying and when you have used your whole head not to be caught or understood and you have put layer after layer to do something right and all of a sudden you are right confronted. Hello mister put your hands behind you, you know what I mean? Isn't that not a hell? Now that is all what is promised. That moment of cycle interelected psyche of cosmos and into micro and macro consciousness whether into the unisonness of a person and when it is positive it is a heaven and it is negative it is hell. Later on you take this note and write it down or figure it out you will fully understand it. That is heaven and that is hell. That is why Guru Nanak had to come because, Raj na chahuh, mukt na chahuh he doesn't need anything he says in his own, I don't need anything. I only need a consistent love of yours in longing between you and me. It means you know what it means? It means there is a infinity. It means there is an infinity. And the finite has to have a relationship with it. And the enrichment which infinity grants the finite is the ecstasy of consciousness. My Guru is great, his greatness you know what? Within his greatness of greatness he is keeping we the ungrateful, keeping along. Yeah, yes?

Student: (...)

YB: Understand that? That is that is what it is. We have a temperamental diversity at this moment we are that is Sat Saganth lag tariey, when we have a gathering to gathering we go across all difficulties why? At the moment we collectively meditate automatically and in between here sometime mind will go away and the meditation which is correct. During the day sometime we give priority to things, give priority to things, give?

Students: Priority to things.

YB: And not to ourself. Would you believe this? Will you believe this? That hours which are minus yourself for yourself are the hours of ecstasy or divinity and infinity and prosperity which we ignore.

Once I went to an Italian restaurant, we were called khalsa are coming so they know. How many you will be?

And we said, "About twenty, twenty-five, thirty something like that."

First of all for them it's a news how can thirty people can move just for a lunch, they don't understand it. Because,

“Deinda Dey Leindey Thak Paah”

Giving is very difficult, when you give you do not think God is making you to give, you think you are giving. So you are getting short circuited, you understand that? No you don't. Century old people have tried why to learn today. So anyway.

(Student's laughter)

Yeah, so we called we say we call it we say we are thirty people coming. So we went, right? And I sat down in the chair first and I brought my salad and I watched will anybody pray before eating? None, zero. Because we were little late and everybody was hungry so they have to arrange for thirty people so they brought food right away and everybody was gobbling it as they have never eaten in century. Nobody sat down and said.

“Mera mujmey kuch nahi jokuch hey so tera Ram, tera tujko soumpey lagey mero naam”

None, nothing belongs to me my oh lord, all is all yours and thy give you all to you I have no attachment. So time motivates a human in which one of the greatest lost, loss is that human forget. I was discussing with somebody to build up Anandpur sahib and the person was saying why you have decided to build it at anandpur also,

I said, “Look, if we would not have got this the kids would not have an easy time for a month. It's a very safe place and it's the only place in the whole India which is on the cross winds of the northern winds, which is the most energetic pranic wind in the world. So I am going to built it doesn't matter what and I am going to built like it is our, our home second home called it first home call it...it is our home.”

And I want my people to go not now when I am here but later too, to be there and not feel handicapped. Because this is our universe and in this universe they are those pivots and that is what we have to relate to and some moment should come in life when we say Amritsar at that time it should just wipe out our total personal shortcomings, doubt and misgivings. We should be swimming in the nectar of it. So technically we have to develop a consciousness which should guide us through our life and we should believe as a matter of reality that whatever is being given is given by God and whatever we are giving God is telling us to give, that's all. When our mental state becomes that clean and that clear and that crystal, it is that crystal which promise you infinity, which is beyond heavens and Earth and this whole episode. There are eight, nine, ten, twenty, fifty, religions the maximum system is that you will get heavens and heaven is predicted worse than hell, but still they call it heavens so it is okay I have no discussion with that. The qualifying factor of life, which you all have to face is to adhere to these sentences,

“Mera mujmey kuch nahi jokuch hey so tera Ram”

Nothing belongs to me whatever is belonged to you because you are in (?) Teraram means which is mixed with everything. Is macro consciousness.

“Tera tujko soumpey lagey mero naam”

Yours I gave it to you what do I get? Just take example this land we bought naturally somebody has to buy, so I bought it. So what is there to pay it and then give it to Sikh Dharma isn't it that is what it is. The ranch we bought it, give it to Sikh Dharma right. It is better to give it to Sikh Dharma which is the real custodian of my soul and spirit. Not what body it is, then you cannot give. When

a person gives to a person you cannot give, when you understand the spirit the soul of your Sikh Dharma then you will know that nothing belongs to you it all belongs to.

You can ask what funny question, what shall happen to your children? Well do you potty train them? It will happen what is in for them. They will be better of if you live on to the will of God than to your will. You have to understand that. It is for us to remedy our time whatever is left to with because you can never, did you ever knew that the two towers New York will disappear, they will not be on the sky line of New York? No. One, two, three, one day early morning and its all over. That's how things get finished.

I remember a person he had a meeting and in the meeting he was saying, so long I live, so long it is the time of Sat Gurumukh Singh, you know that saintly man you always knew.

So long I live.... never I am very ashamed that Yogiji has come and I have to say no in his presence.

And I said, "Look man Sant ji has come if you don't care for him what do you care of me? But God knows how long you are going to live."

He said, "Whatever, so long I live" after an hour I got an telephone, he is dead.

Never lived got up from the chair fell back to the chair, Wahe Guru that is the end of it.

So long, (?) why to say harsh thing to anybody, if somebody is nuts according to your judgment and you sit in judgment, then that nut is created by Almighty why you are so upset about it. He has to have few nuts so that you can comparatively understand what wisdom is. But anyway as many few days I have left to me I will try to inspire you because this is the nature's principle number one, principle nature is that it breathes you, breath is automatic. It pumps your body, you live by it.

I was watching a program that day they are going to make a very tiny beautiful stainless steel heart with four chambers and all that whole stuff and they are going to make not only they cut your all ribs but make a window. Yeah, they will take a window and they put that heart in it and it has chips in it which it cannot fail doesn't matter what. Except you are electrocuted with eleven thousands watts.

(Student's laughter)

It will keep on working. They say if we can make a liver and a heart man definitely not to die and they can open up the window and see how he is doing.

(Student's laughter)

Because it is not the thing to be surprised that God which created man lives in the man. Simply man doesn't know how to use that material which God uses, that's the only difference. If George Washington can have wooden teeth and we can have beautiful teeth now what is the difference? Eat your food with wooden teeth better than we chew ours. Do you know George Washington never ate spaghetti?

(Student's laughter)

Because he never gobbled food. That is why it was essential to make teeth for him because he insisted in chewing food. He never won a war but America became victorious. It is very unfortunate with us that always French help us, they were going to lose the Eiffel tower their plane was the first plane which was going to be captured and going to strike there but that got aborted. So the whole world knew the next tragedy will be like that. That is why when the president of the France president came he said, "We knew it, we understand."

Can you believe that one Sunday at Eiffel tower if a plane strikes on it how many casualties will be? More than all these towers. The grounds are always full and all that tons of gasoline spread out and fire into what a tragedy can be. You have to wait for these tragedies, you think it is over? No it has started. Because now we wake up that is what the Japanese commander said, we have surprisingly awaken the American tiger now it is a matter to match the claws which we don't have the strength. That is why atom bomb was used. You think some of you might be asking me the question, why we have not started?

"Because first we have to pick up the moles and get rid of these pimples before we show our face."

And it is obligation for you now if you not give dusvand, give dusvand and add a dollar to it a day you are not going to get poor. So that the community can be in a strength in a mobility. If those terrorist can do it we who are patriotic we can do it too.

There are certain principles of life which has to be learnt and we don't have strength for those principles let us try this kriya if this works.

This is prayer of surrender left underneath, right and loose but right at the diaphragm line. Please put your hands accordingly and please close your eyes and we will request that tape Ajayley...that uni mantra single word mantra. That is mega multiply.

And with that you chant exactly as you are being recorded, that consciousness.

Tape is played in the class....

(Over the tape) This you must announce.

Side B

Continued....

YB: (over tape) Power, power. And break your power. There are two more minutes you can use them. Concentrate for these two minutes and use the power. The breath of fire. One minute. Come on be powerful. Inhale deep. Deep, deep, exhale. Inhale again deep. Expand your shoulder not only even chest. Let it go. Inhale deep again, deep, deep, expand your body. Let it go. Relax, cookies will be served tonight in the class and the beautiful people who are going to share with you are Dev Swaroop Kaur, Hari Simran Kaur's birthday, the islands of (?).

Students sing: May the long time sun shine upon you....

YB: God bless you many, many, many times. There was a question asked today, that in case in the present circumstances you cannot wear a big kirpan. But we can always a wear symbolic kirpan. And that is perhaps we have a kirpan factory. You remember the guy? That guy makes beautiful small little ornamental kirpans. Technically speaking it will serve the purpose in this hard time. There is no need to be extraordinary machos for nothing. And joth will give special concession if you ask him within the three days. Is that okay? So we will meet tomorrow again and thanks for joining with me in this most divine congregation and oneness of the mind, sound and body. Thank you.